



At Oasis Immingham, we are committed in support all our students and their families during these uncertain and challenging times. If you feel anyone in your family needs to talk to someone, seek support from a service or find out more details on what is available, we hope this provider list below will help to address your needs.

Your safeguarding contacts are:

[Sally.Broadley@oasisimmingham.org](mailto:Sally.Broadley@oasisimmingham.org)

[Lorraine.glover@oasisimmingham.org](mailto:Lorraine.glover@oasisimmingham.org)

[Worriedaboutme@oasisimmingham.org](mailto:Worriedaboutme@oasisimmingham.org)

[worriedaboutmyfriend@oasisimmingham.org](mailto:worriedaboutmyfriend@oasisimmingham.org)

If you are unable to contact school staff during the summer holidays and have a serious concern, you can get in touch with us via the Oasis National office 020 7921 4200

Name of Service	What does the service offer	Contact details
National online safety	A breadth of interactive service, which parents can access to support with parenting, mental health, wellbeing and other useful tips. This service also offers an instant messaging app to support you questions and queries	<a href="https://nationalonlinesafety.com/guides">https://nationalonlinesafety.com/guides</a> Telephone: 0800 368 8061
Oasis Hub South  Immingham Family Hub	Parental support Food Pantry Activities for children	<a href="https://www.facebook.com/OasisHubSouthGrimsby/?_rdc=1&amp;_rdr">https://www.facebook.com/OasisHubSouthGrimsby/?_rdc=1&amp;_rdr</a> <a href="mailto:Michelle.donner@oasiswintringham.org">Michelle.donner@oasiswintringham.org</a> 01469 514848
North East Lincolnshire Council	Where to find help is set out on the council website	<a href="https://www.nelincs.gov.uk/">https://www.nelincs.gov.uk/</a> 01472 313131
North East Lincs and Multi Agency Safeguarding Hub (MASH)	The Families First Information Service provides information about services and activities for families,	<a href="https://www.nelincs.gov.uk/children-and-families/">https://www.nelincs.gov.uk/children-and-families/</a> 01472 326292

	<p>children and young people age 0-19.</p> <p>Report a concern regarding a child.</p>	
We are with you	They provide free, confidential support to people experiencing issues with drugs, alcohol or mental health	<a href="https://www.wearewithyou.org.uk/about-us/">https://www.wearewithyou.org.uk/about-us/</a> 01472 806890
Single point of access	SPA offers confidential advice and information over the phone 24 hours a day, 365 days a year. If you are ill and have any questions about your physical or mental health.	01472 256256
Young Minds Matter	Children and young people's mental health service	<a href="https://youngminds.org.uk">https://youngminds.org.uk</a> 01472 626100 24/7 text service 85258 – for urgent help
School nursing text service	<p>School Nurses also offer help with:</p> <p>Healthy lifestyles i.e. sleep, smoking, growth, dental health</p> <p>Bladder and bowel concerns</p> <p>Relationships and sexual health</p> <p>Health issues impacting on school attendance</p> <p>School transition support</p> <p>Vulnerable children – unmet physical needs</p>	07507 331620
Young carers	Support for children/young people who have a caring role within their family unit.	01472 326294 (option 3, option 2)

The carers service	Support for adults who are unpaid carers	01472 242277
Papyrus	Support for prevention of young suicide	<a href="https://papyrus-uk.org/">https://papyrus-uk.org/</a> 0800 068 4141
Childline	A service which is available for all young people to use for support with managing anxiety, domestic abuse, reporting abuse, depression, eating habits, boosting moods	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>  0800 1111
Compass Talking Matters	North East Lincolnshire Mental Health Support Team  For children, young people and families  Support, help and advice for pupils, students and schools for issues related to mental health and wellbeing.	<a href="mailto:nelincsmhst@compass-uk.org">nelincsmhst@compass-uk.org</a>  01472 494250
Talk to Frank	Information about drugs	<a href="https://www.talktofrank.com/">https://www.talktofrank.com/</a>  0300 123 6600
North Lincs Children's Services	Any concerns regarding a child you feel you need to speak to someone about in North Lincolnshire	01472 297000
Blue Door	For Domestic & Sexual Abuse Advice	0800 197 4787
Women's Refuge	Confidential Help and advice	01724 289299
NSPCC	Information and advise on keeping children safe	<a href="https://www.nspcc.org.uk/about-us/">https://www.nspcc.org.uk/about-us/</a>  0800 800 5000
Young Stonewall	Information Service is here to help with any issues affecting LGBT people or their families.	<a href="https://www.youngstonewall.org.uk/">https://www.youngstonewall.org.uk/</a>  0800 050 2020
Kooth	Online mental wellbeing community	<a href="https://www.kooth.com/">https://www.kooth.com/</a>

Headspace	Give you the tools and resources to look after your mind	<a href="https://www.headspace.com/">https://www.headspace.com/</a>
Online Safety	A range of online safety information	<a href="https://www.bbc.com/ownit">https://www.bbc.com/ownit</a>
Oasis Community Learning		Academy national line 020 7921 4200