

Health and Social Care	Autumn Term		Spring Term		Summer Term	
	1.1	1.2	2.1	2.2	3.1	3.2
Year 10	<u>Component 1: Human Lifespan Development</u> 1A: Human growth and development <ul style="list-style-type: none"> • Age ranges & life stages • PIES • PIES in infancy • PIES in early childhood • PIES in adolescence 	<u>Component 1: Human Lifespan Development</u> 1A: Human growth and development <ul style="list-style-type: none"> • PIES in early adulthood • PIES in middle adulthood • PIES in later adulthood • Factors affecting development <ul style="list-style-type: none"> ○ Physical ○ Lifestyle ○ Emotional ○ Social ○ Cultural ○ Environmental ○ Economic 	<u>Component 1: Human Lifespan Development</u> 1B: Understanding how individuals deal with life events <ul style="list-style-type: none"> • Life events <ul style="list-style-type: none"> ○ Health and wellbeing ○ Relationship changes ○ Life circumstances • Coping • Adapting • Types of support 	<u>Component 1: Human Lifespan Development</u> PSA: Internal assessment <u>Component 2: Health and Social Care Services and Values</u> 2A: Understand the different types of health and social care services and barriers to accessing them <ul style="list-style-type: none"> • Health care services <ul style="list-style-type: none"> ○ Primary ○ Secondary ○ Tertiary ○ Allied ○ Multidisciplinary teams ○ Health conditions 	<u>Component 2: Health and Social Care Services and Values</u> 2A: Understand the different types of health and social care services and barriers to accessing them <ul style="list-style-type: none"> • Social care services <ul style="list-style-type: none"> ○ Children and young people ○ Adults ○ Elderly • Barriers to access <ul style="list-style-type: none"> ○ Physical ○ Sensory ○ Social and cultural ○ Language ○ Geography 	<u>Component 2: Health and Social Care Services and Values</u> 2B: Understand the skills, attributes and values required when delivering care <ul style="list-style-type: none"> • Skills • Attributes • The 6 C's <ul style="list-style-type: none"> ○ Care ○ Compassion ○ Competence ○ Communication ○ Courage ○ Commitment

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Year 11	<p><u>Component 2: Health and Social Care Services and Values</u></p> <p>2B: Understand the skills, attributes and values required when delivering care</p> <ul style="list-style-type: none"> • Obstacles preventing care <ul style="list-style-type: none"> ○ Emotional and psychological ○ Time ○ Resources ○ Unachievable targets ○ Lack of support ○ Individual factors • Benefits of using professional skills and attributes 	<p><u>Component 2: Health and Social Care Services and Values</u></p> <p>PSA: Internal assessment</p> <p><u>Component 3: Health and Wellbeing</u></p> <p>3A: Factors affecting health and wellbeing</p> <ul style="list-style-type: none"> • Physical factors • Lifestyle factors • Social factors • Cultural factors • Economic factors • Environmental factors • Impact of PIES 	<p><u>Component 3: Health and Wellbeing</u></p> <p>3B: Interpreting health indicators</p> <ul style="list-style-type: none"> • Interpreting physiological data <ul style="list-style-type: none"> ○ Heart rate ○ Blood pressure ○ BMI • Interpreting lifestyle data <ul style="list-style-type: none"> ○ Eatwell guide ○ Physical activity ○ Smoking ○ Alcohol ○ Substance misuse 	<p>Component 3: Health and Wellbeing</p> <p>3C: Person centred approach</p> <ul style="list-style-type: none"> • Wishes • Circumstances • Improving health and wellbeing • Available support 	<p>Component 3: Health and Wellbeing</p> <p>Exam Revision</p>	<p>Component 3: Health and Wellbeing</p> <p>Exam Revision</p>