

Works well in combination with sport and the healthy active lifestyle intent of the curriculum. This is also a course which sets students up well to pursue a career in the local area in the future in relation to the health and social sectors. (Hospital in Grimsby and care homes based in Immingham and Stallingbrough).

The course is BTEC Tech and is taught over two years. The sequencing of the teaching is as follows:

Year 10 term 1 – 1A

Year 10 term 2 – 1B

Year 10 term 3 – 2A

Year 11 term 1 – 2B/3A/3B

Year 11 term 2 – 3C, sit exam and assignment work

The course is taught in this sequence due to specification advice as it has a synoptic element meaning content delivered throughout the course builds on previous knowledge from other components. Component 1A links to 2A which both link to 3A, B building knowledge on human lifespan development and health and social care values in relation to physically, intellectual, emotional and social development. Component 3 looks at factors affecting development in these four areas and how this development can be monitored using health indicators. Component 1B links to 2B which both link to 3B, building knowledge on life events, how to cope with these events with the appropriate care and support. Component 3 looks at recovering from these life events using available care and support to compose an individual development plan to improve their lifestyle.

Component 1: Human Lifespan Development

1A: Focuses on human lifespan development from infancy through to later adulthood with a focus on growth and development in relation to: physical, intellectual, social and emotional health and wellbeing. This unit also looks at the positive and negative impacts of physical, social and economic factors in relation to growth and development across human lifespan.

Assessment method = Written assignment

1B: Focuses on expected and unexpected life events. These life events fall into the following categories; physical, relationship change and circumstances. This unit also looks at how people cope, respond and deal with life events differently and the types of support that they can access to enable them to respond to life events in the best possible way.

Assessment method = Written assignment

Component 2: Health and Social Care Services and Values

2A: Focuses on the different types of care that are provided in the UK to people within the health and social care sector (primary, secondary and tertiary care). There is also a focus on the different services that are available to children, young people and adults when they experience barriers to access services in the health and social care sector such as physical, sensory, social, cultural, psychological, language and geographical, intellectual, resource and financial barriers.

Assessment method = Written assignment

2B: Focuses on the people who work in the health and social care sector and the skills and qualities they should show to successfully work in the sector such as; empowerment, respect, confidentiality, dignity, communication, safeguarding, duty of care, anti-discriminatory practice and compassion. This unit also looks at how people in the health and social care sectors should work together, apply care values, rectify mistakes, take on board feedback and use feedback to improve practice.

Assessment method = Role play demonstrating good practice and then a written report analysing performance.

Component 3: Health and Wellbeing

3A: Focuses on factors that affect health and wellbeing in relation to; genetic inheritance, ill health, diet, exercise, substance use, personal hygiene, social interaction, stress, seeking support and services, financial resources, environmental conditions, housing, life events and life circumstances.

3B: Focuses on interpreting health indicators in relation to; heart rate, exercise recovery, blood pressure, peak flow, body mass index, using published guidelines to interpret data (lifestyle, smoking, alcohol, and inactivity) and risks of abnormal readings.

3C: Focuses on a person-centred health and wellbeing improvement plans through; identifying and recommending actions to improve health and wellbeing, setting short and long term targets, using different methods of support, identifying and overcoming obstacles (emotional, psychological, time, resources, and lack of support, unrealistic targets, ability and restrictions to accessing services).

Assessment method = 2 hour written exam